UPDATE is used to change the value of fields

```
UPDATE table
SET field1 = value
WHERE criteria;
```

The criteria means you can only change a limited number of fields and not everything!

```
UPDATE foods
SET Stock = 15
WHERE ProductName = "Baked Beans";
```

But this changes both records of baked beans...

```
UPDATE foods
SET Stock = 15
WHERE ProductCode = "1239T";
```

This changes just one record...

```
UPDATE foods
SET Price = 1.99
WHERE ProductName = "baked beans";
```

- This won't work

Capitals matter inside quotes...

```
UPDATE foods
SET Price = 1.99
WHERE ProductName = "Baked beans";
```

- This will work because it's fixed the capital...

```
UPDATE foods
SET Price = 0.99, Stock = 100
WHERE ProductName = "Baked beans";
```

- You can change more than one field at once